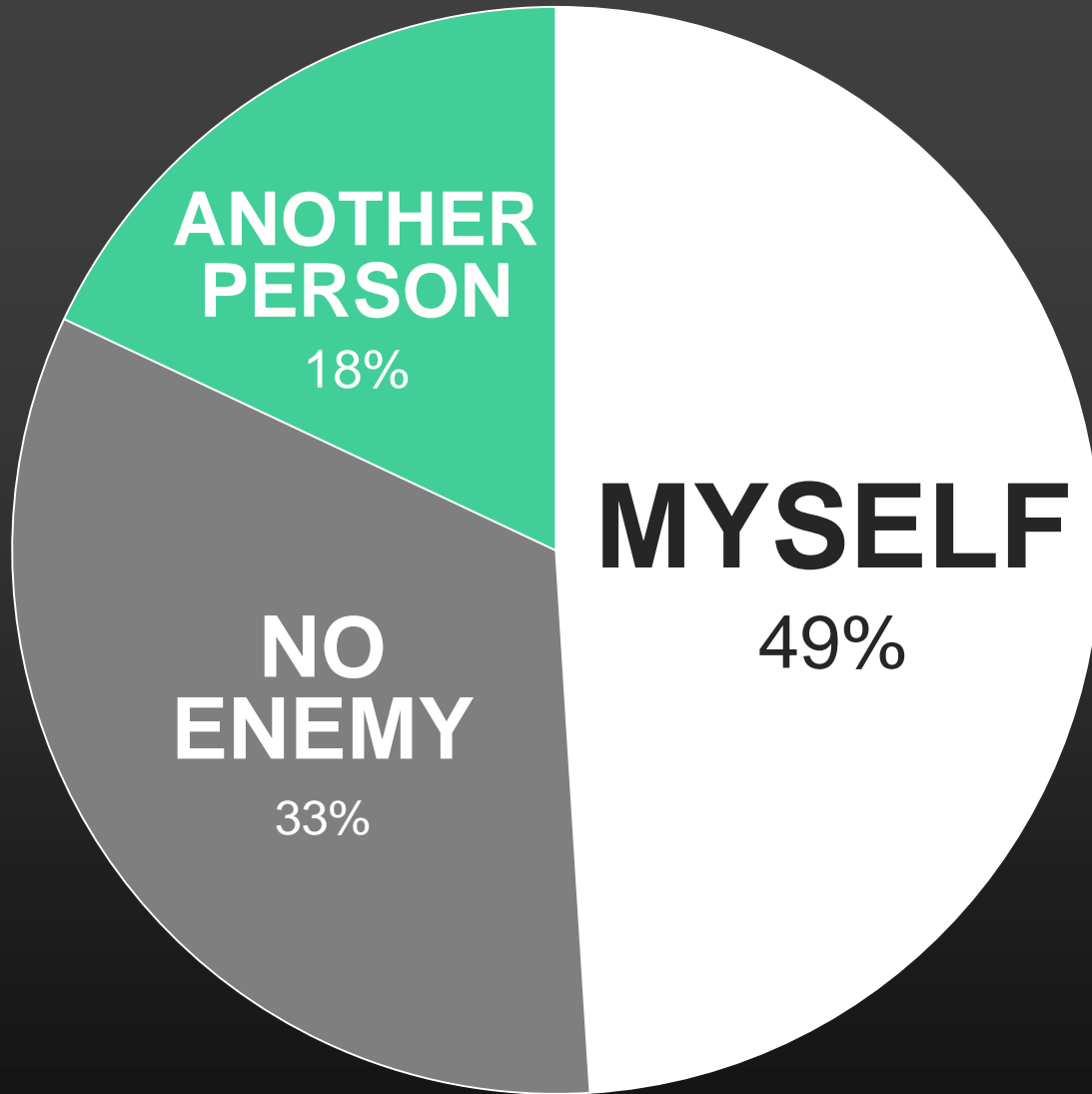



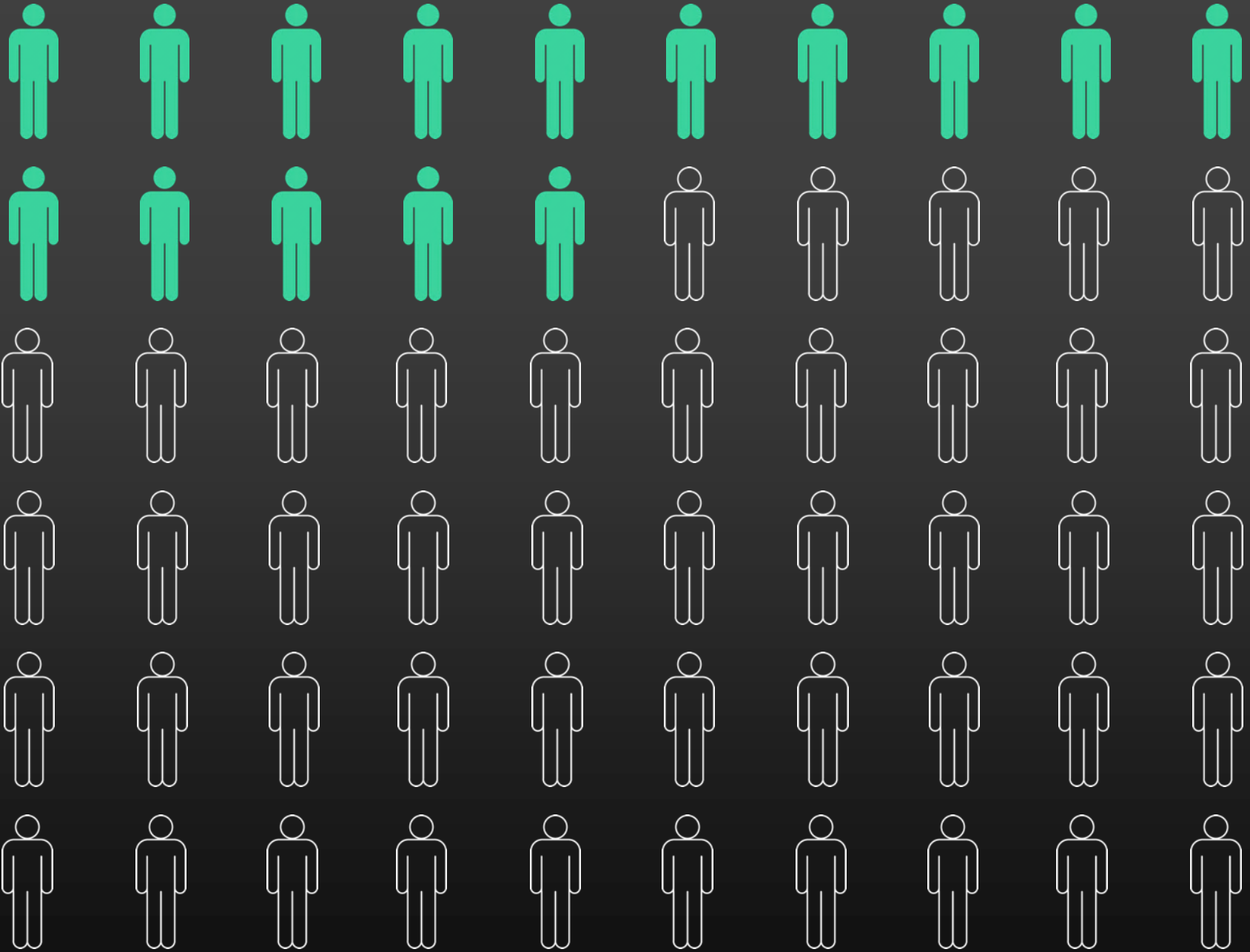
HOW CAN WE
HELP OUR
FUTURE
SELVES?

Who is your
worst enemy?



The Future

NEXT EXIT 



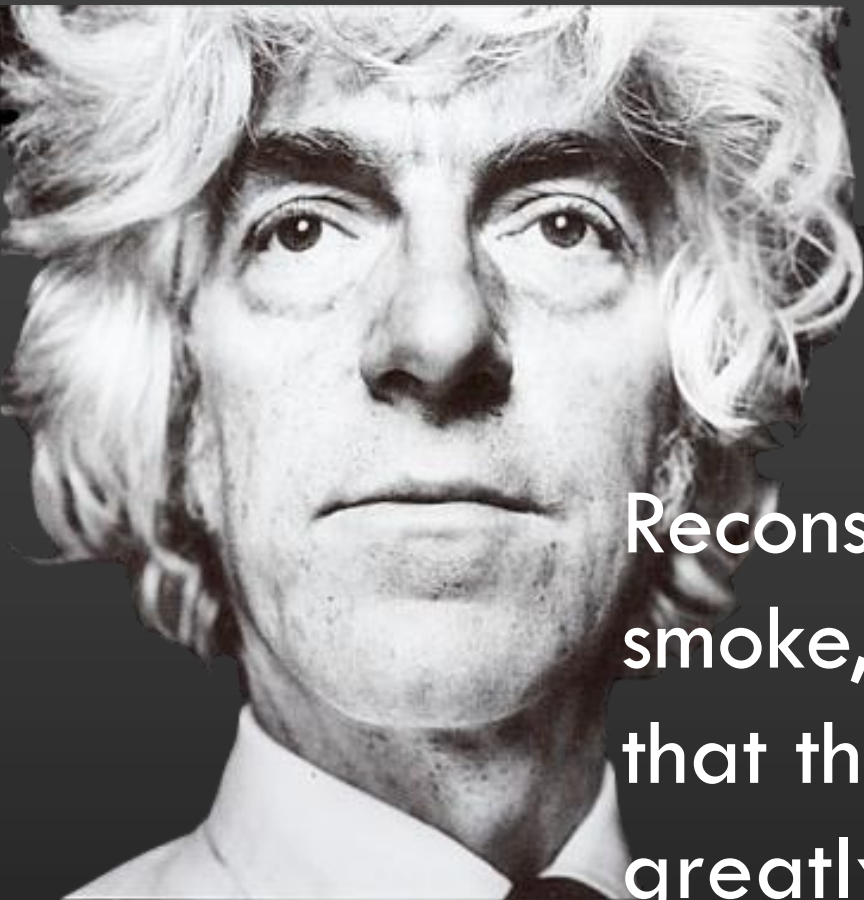
Retirement Confidence Survey, 2016



TIME



TIME



Reconsider a boy who starts to smoke, knowing and hardly caring that this may cause him to suffer greatly fifty years later. This boy does not identify with his future self. His attitude toward this future self is in some ways like his attitude to other people...



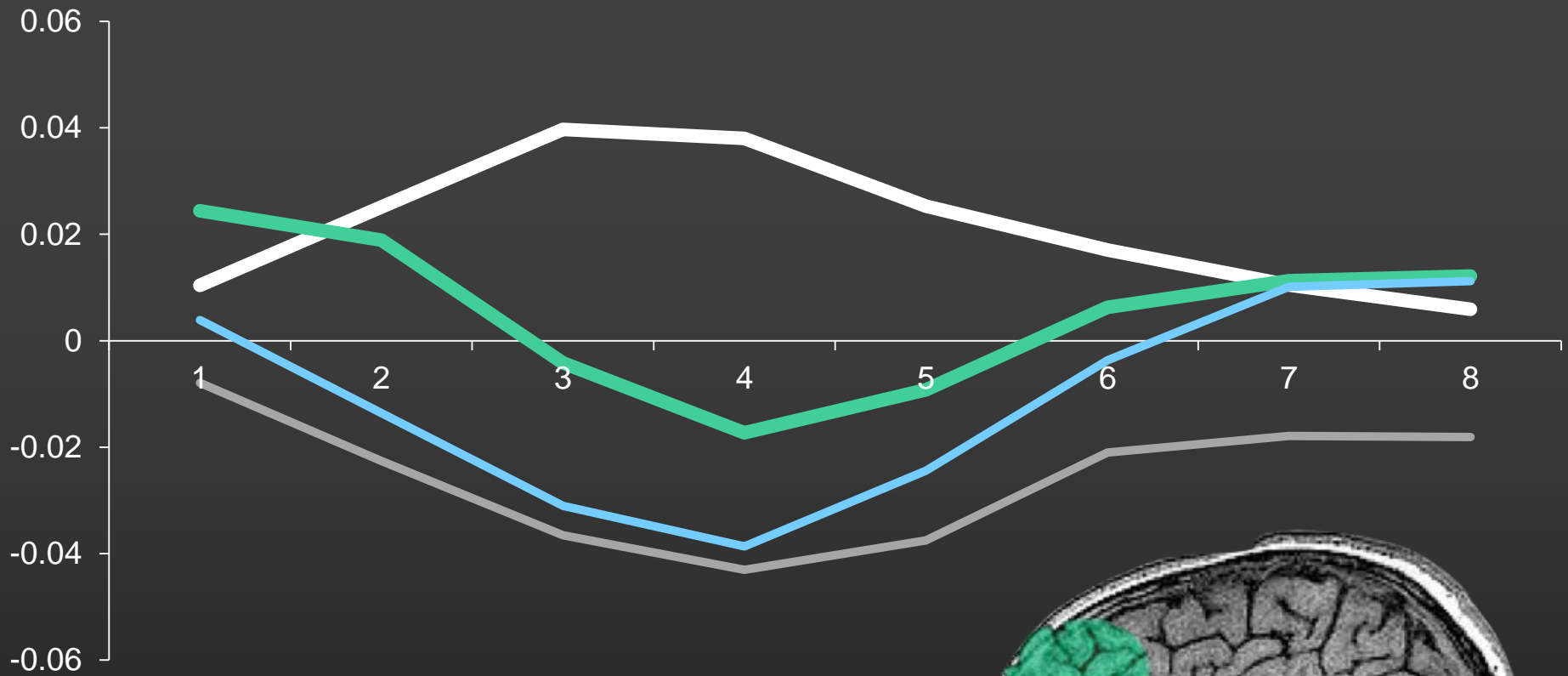
SIPRESS

“I come from the future.”

The future self as
an other



TIME



- CURRENT SELF
- FUTURE SELF
- CURRENT OTHER
- FUTURE OTHER





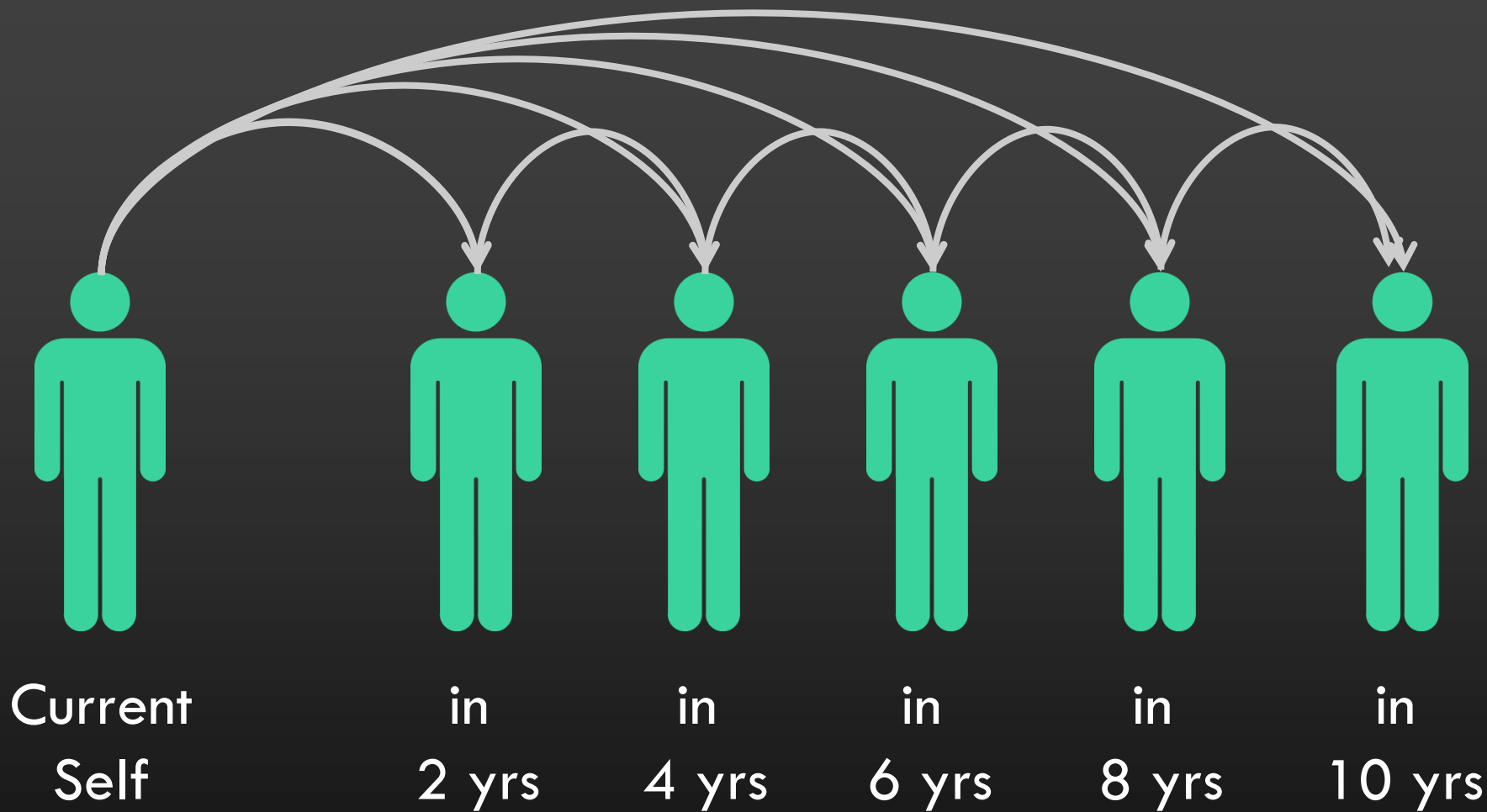
Unconnected

Very close



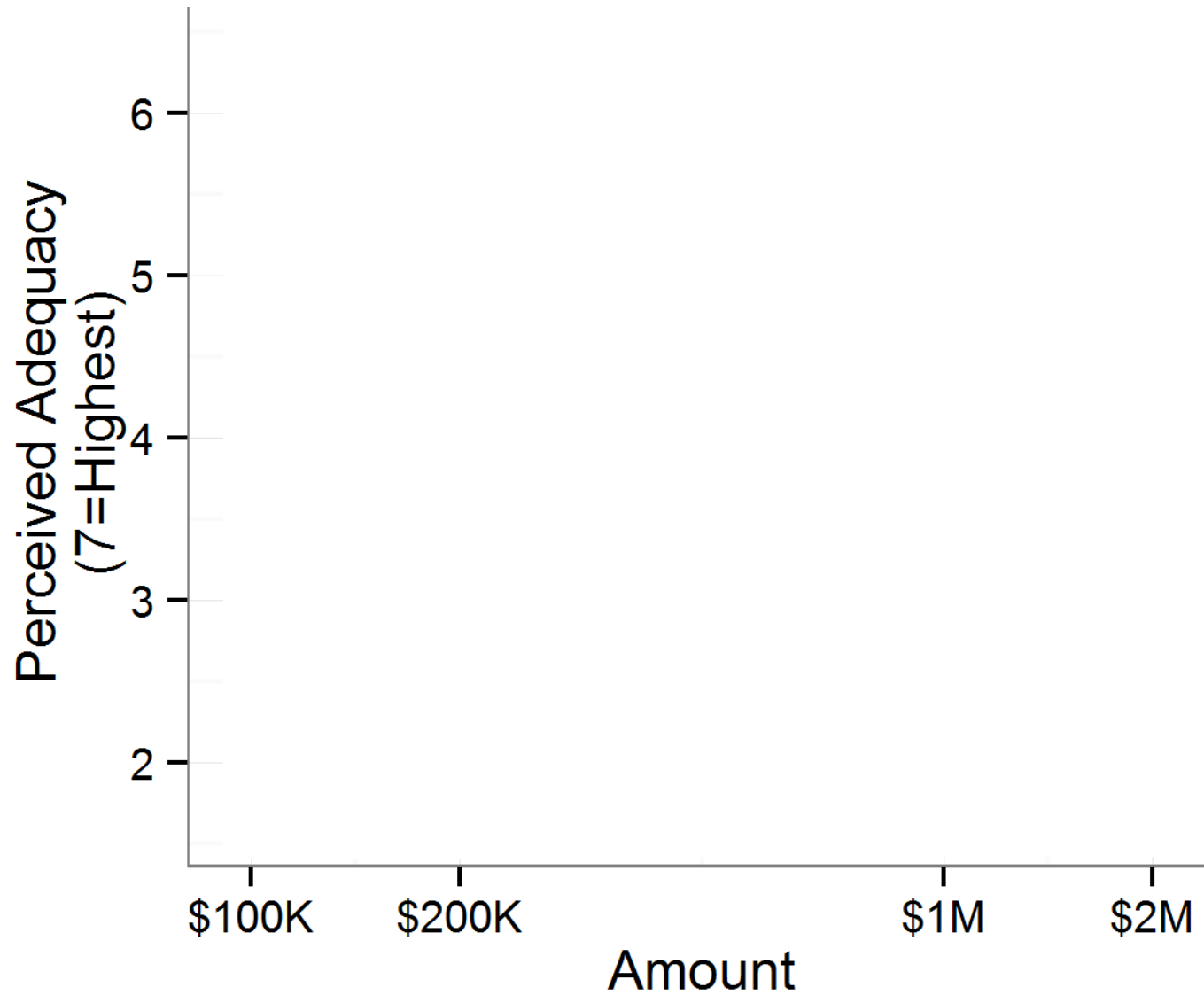




Dear Future Self...



Caveat 1





Condition  Annuity  Lump Sum

Caveat 2

Can the future be
too positive?



MYSELF

**MY
FUTURE
SELF**